



UTAH ASSOCIATION FOR INFANT MENTAL HEALTH

ANNUAL AUTUMN CONFERENCE

The Kaleidoscope of Child/Adolescent Weight Problems and Infant/Child Mental Health

Utah children are getting heavier, just like children in the rest of our country. Boys or girls, urban or rural, this trend transcends all ethnicities, cultures, and races and does not bode well for their future quality of life or health of these children – both physical and emotional. The emphasis for recommendations has been on physical health without integrating relevant developmental mental health issues. This conference will feature experts from several disciplines who will discuss this growing problem, focusing on mental health concerns.

- NIKKI MIHALOPOLOUS, MD, IS A PEDIATRICIAN AT THE UNIVERSITY OF UTAH, WHO SPECIALIZES IN OLDER CHILD AND ADOLESCENT OBESITY.
- JANE BLACKWELL, PHD, IS A PSYCHOLOGIST IN PRIVATE PRACTICE, WHO SPECIALIZES IN EATING DISORDERS IN OLDER ADOLESCENTS AND YOUNG ADULTS. SHE IS THE UTAH PUBLIC EDUCATION COORDINATOR FOR THE APA AND UPA.
- LOIS BOOMER, OTRL IS AN OCCUPATIONAL THERAPIST AT CHILDREN WITH SPECIAL HEALTH CARE NEEDS WHO WORKS WITH MANY EARLY FEEDING PROBLEMS IN CHILDREN WITH DISABILITIES AND THEIR FAMILIES. SHE HAS WORKED WITH THE NAVAJO AND HOPI NATIONS AND WITH MIGRANT HISPANIC CHILDREN AS WELL AND HAS ADDITIONAL TRAINING IN NEURO-DEVELOPMENTAL TREATMENT AND SENSORY INTEGRATION THERAPY.
- TERESA MARTINEZ IS A WIC NUTRITIONIST WITH THE SOUTHEASTERN UTAH DEPARTMENT OF HEALTH WITH MANY YEARS OF EXPERIENCE WORKING WITH YOUNG CHILDREN.

The presentations will cover problem of child and adolescent obesity and resulting health (physical and emotional) impacts from multiple disciplinary perspectives, medical evaluation and treatment recommendations, clinical observations of long standing perceptions, relationship patterns observed between children and parents that may impact the problem, and recommendations for prevention and intervention in infancy and childhood. A panel discussion will follow the individual presentations and will include a parent as well.

Friday, October 17, 2008, 8:00 am to 1:00 pm

Williams Building, 295 Chipeta Way, Research Park, Salt Lake City

For campus map:http://www.digit.utah.edu/print/pdf/ResearchPark_color.pdf - building #865

Cost: \$35 for members of UAIMH, \$45 for nonmembers, \$25 for students/parents.
CEUs for Social Work have been applied for.

To register, contact Jan Welsh: jan@familyconnection4u.org or 801-773-0712.